

**I LEARN
LESSONS IN
LOVE THAT
HELP TO
MAKE MY
RELATIONSHIP
STRONGER.**

I believe in love and the stirring emotions that I feel when I encounter someone whom I can call my soulmate. I realize that such a relationship is rare, so I carefully nurture it to allow those feelings to grow deeper and stronger, fortifying our bond of love.

I acknowledge that no relationship is perfect, yet everything that happens in my relationship has a lesson attached to it. I take advantage of these lessons in love to build a more positive relationship each day.

When I have an argument with my partner, I always endeavor to reach a point of forgiveness in a short time. I initiate discussions on the issue so we can find a resolution. This approach makes it easier for us to relate more positively going forward.

Whenever I make the mistake of doing or saying something hurtful to my partner, I immediately acknowledge the negative effect on their well-being.

I take a step back and revisit my actions. I put myself in my partner's shoes and realize the impact. Then, I sincerely apologize.

Today, **I take the time to learn from love so our love can keep growing.** I commit to learning each day from my relationship and embrace the fact that every effort made to build a better relationship results in a stronger love.

SELF-REFLECTION QUESTIONS:

1. Do I strive to strengthen my relationship?
2. How can I avoid saying or doing hurtful things to

my partner?

3. Do I make it a point to apply the lessons learned in love to fortify our bond?